

Why Become a Supporter

1.34 million Australian boys and men experience incontinence. For boys and men who require incontinence products, there are very limited or no places for them to dispose of these. This may make them reluctant to leave their homes and engage in everyday activities.

By installing disposal bins for incontinence products in male public toilets, you are helping to reduce social isolation and depression by allowing men to confidently and discreetly dispose of their incontinence products.

How to become a supporter

- 1 Investigate where you currently have disposal bins in toilets, what types, for what purpose?**
- 2 Determine where you would place the incontinence bins and how many you plan to install.**
Our suggestion is to have at least one cubicle equipped with an incontinence bin at each male toilet facility/location.
- 3 If you are the provider of toilets in a public or shared space, chances are that you will have an existing relationship with a disposal bin or hygiene services provider.**
Explore who the current provider of your disposal bins is, how frequently your bins are being emptied and what the current arrangements are through existing contracts and agreements.
- 4 Find out if your current bin provider can offer bins for incontinence products for male toilets.**
Female sanitary bins are too small and often bin providers will offer their nappy bins as an option due to their larger size and holding capacity, which is acceptable, as long as the bins are labelled for incontinence product disposal.
- 5 Determine future costs of having incontinence product disposal bins in your male toilets.**
 - If you currently have a disposal bin provider, the first step will be to contact them and find out what the cost of extending services would be, given that they are already attending to the toilets.
 - Costs for disposal bins vary depending on the size of the bin, frequency of collection and any existing agreements had with providers. A larger bin can cost anywhere between \$120 and \$540 per year with the disposal fees included (which can occur monthly, fortnightly, or weekly).

- If your current bin provider is not able to offer a bin option for incontinence product disposal, please visit our [Bins4Blokes website](#) and see a list of bin providers, who do offer incontinence bin options. Alternatively, you are welcome to search, find and contact other bin providers in your local area and enquire.

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Raise awareness and inform the public about the availability of your incontinence bins.

- On our [Bins4Blokes website](#) we offer promotional posters that you can download, print and place inside or outside toilet facilities, to make the public aware of the availability of incontinence product disposal bins.
- Ensure the bins are clearly and appropriately labelled by using the BINS4BLOKES stickers. To order stickers, please email info@bins4blokes.org.au
- We encourage you to promote your involvement in the BINS4Blokes initiative by engaging with traditional and social media. Templates are available in our resources section on our website www.bins4blokes.org.au/resources

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Final - but very important steps

- Complete the online form so we can acknowledge your support on our website.
- We encourage you to record/revise your toilet and incontinence bin location on the [National Public Toilet Map](#).

